



Caregiver Workshops

Emotions:

Friday January 17th at 10am via Zoom
Big feelings, little body. Learn how to support your child with their emotions.

Behaviors:

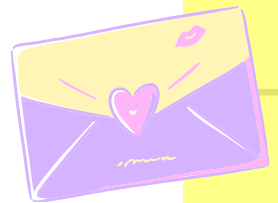
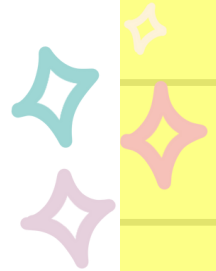
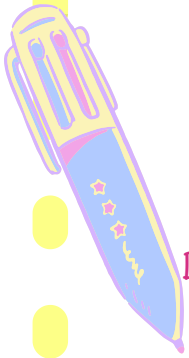
Friday February 7th at 10am via Zoom
Behavior is communication. Learn the function of your child's behavior and how to promote positive behaviors.

Nutrition and Healthy Choices:

Friday March 14th at 10am via Zoom
Learn the difference between a "picky eater" and having a feeding concern. Help your child make better choices for their overall well being.

Developmental Milestones:

Friday April 25th at 10am via Zoom
Learn about the progression of your child's development.



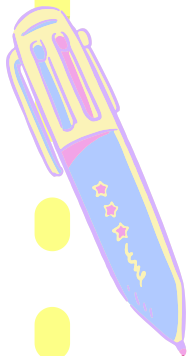


Caregiver Workshops



Transition to Kindergarten:

Friday May 16th at 10am via Zoom
The end of the year is approaching fast. Prepare your Pre-K child for Kindergarten.



Summer Activities:

Friday June 13th at 10am via Zoom
Learn about activities you can do over the summer to help your child progress their skills.

Zoom Link:

Join Ms. Amanda , Early Childhood Social Worker

[https://zoom.us/j/6504407562?
omn=95844096470](https://zoom.us/j/6504407562?omn=95844096470)

Meeting ID: 650 440 7562

Same Zoom Link can be used for every meeting.

